# JEFFRY THOMAS NEGARD DNP, FNP-C

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### **PROFESSIONAL SUMMARY**

Doctoral prepared Family Nurse Practitioner with 16 years of experience in clinical and critical care nursing, advanced scholarship and research, teambuilding, and improvement of Electronic Health Record documentation systems. Recently served as a Family Nurse Practitioner on active duty with the United States Army in a large Department of Defense Patient Centered Medical Home and in a Military Correctional Facility caring for active duty soldiers, retirees, and family members. Seeking opportunities to continue practicing as a Family Nurse Practitioner providing direct patient care in a Family Medicine clinic.

- Classroom and clinical teaching experience with an aptitude for math and hard sciences
- Strong desire to continually learn and improve personal knowledge
- Active secret clearance

- Experience in Emergency/Trauma, Combat, and Family Medicine
- Excellent planning and organizational strengths, as well as the ability to lead, establish goals, and attain results
- Tech-savvy

# **EDUCATION**

Doctor of Nursing Practice, Family Nurse Practitioner Uniformed Services University of the Health Sciences, Bethesda, MD	2016
Bachelor of Sciences, Nursing California State University, Fresno, CA	2007
Bachelor of Arts, Sociology University of California, Irvine, CA	1997
Associate of Arts, Liberal Arts  College of the Sequoias, Visalia, CA	1995

# PROFESSIONAL EXPERIENCE

#### **Adjunct Assistant Professor**

2019

- Clinical professor for the undergraduate nursing Leadership and Management course, supervising ten nursing students in the hospital setting, in addition to supervising eight nursing students in the hospital setting for the undergraduate nursing Care of the Adult I (Chronic Care) course.
- Created hospital rotation schedules, graded assignments, held post- and pre-conferences to discuss relevant class topics and student experiences, and instructed in the Simulation Center environment.

## Family Nurse Practitioner

2016-2019

U.S. Army Nurse Corps, Madigan Army Medical Center, Tacoma, WA

- Responsible for comprehensive health care for active duty soldiers, retirees and family members at the Department of Family Medicine Clinic, the Northwest Joint Regional Correctional Facility Clinic, and the Joint Base Lewis McChord Soldier Readiness Processing Center.
- Achieved 100% patient satisfaction scores in initial 12-month period as a new FNP while caring for a patient panel of 1,400+ patients (more than 30% over empanelment).
- Recognized as the most-requested Family Medicine Primary Care Manager in the Department of Family Medicine.
- Collaborate weekly with multidisciplinary teams for both the Patient Centered Medical Home and the Informatics Steering Board/Committee to improve the U.S. government's new Electronic Health Record (EHR), helping to solve problems and create new ideas to improve workflow and documentation. To date, have personally identified more than 50 significant workflow obstacles and created solutions for patient and provider data collection and entry. Regularly update department staff on updates and continuing resolutions.
- Designed and managed creation of a new office space for clinic RNs. Centralizing all RNs in one office fostered cohesiveness, increased teamwork, decreased time locating personnel, and improved timeliness of patient care.
- Created a centralized online database of department Standard Operating Procedures and hospital policies to decrease time locating policies and improve patient care and caregiver performance.

Critical Care Nurse 2009-2012

U.S. Army Nurse Corps, Brooke Army Medical Center, San Antonio, TX

- Provided bedside nursing on a 10-bed Neuro/Surgical/Trauma ICU (2009-2011) and a 10-bed Medical ICU (2011-2012) at a 425 bed Level I Regional Trauma Medical Center.
- Critical Care Bed Coordinator, managing 5 ICUs, 1 Intermediate Care Unit, and more than 50 personnel daily while working alongside the Trauma Coordinator to determine placement of trauma patients from the Emergency Department to the appropriate ICU.
- Narcotic Inventory Officer, performing more than 2,000 audits, ensuring 100% accountability.
- Precepted 16 Critical Care students and 4 LVN students during their clinical rotations, and 1 new RN and 1 new LVN during their 6-week unit orientation.
- Was the only Critical Care Nurse for the hospital's National Disaster Management Team. Participated in mock drills and assisted in the planning of accepting critical care patients to ensure the hospital was optimally prepared to provide care in the event of a national disaster.
- Assisted with opening and staffing of a new 10-bed Medical ICU during hospital realignment between the Army and Air Force.

- Provided patient care in the Army Institute of Surgical Research (Burn ICU) as needed and created ICU Standard Operating Procedures to improve patient care.
- Selected for Department of Defense-sponsored graduate school to attend the inaugural nurse practitioner doctoral program at the Uniformed Services University of the Health Sciences.

Critical Care Nurse 2010

U.S. Army Nurse Corps, Forward Support Base, Herat, Afghanistan

- Worked alongside a multinational military force in a Spanish-run hospital in Afghanistan in support of Operation Enduring Freedom, providing trauma, surgical, and inpatient medical care to more than 500 Coalition Force and Local National Afghan patients per month.
- Reorganized the layout and workflow of the ICU to improve efficiency and patient care.
- Created hospital Standard Operating Procedures and trained multinational forces on use of ICU and Emergency Department equipment.

Telemetry Nurse 2007-2009

U.S. Army Nurse Corps, Brooke Army Medical Center, San Antonio, TX

- Provided bedside nursing on a 28-bed cardiology/medicine ward at a 224 bed Level I Regional Trauma Medical Center.
- Vice-President of the Junior Officer Council
- 1 of only 2 nurses in the hospital to be on-call for a Hostage Rescue Rapid Deployment Team.
- Unit representative for the EHR Documentation Committee, collaborating with a multidisciplinary team to improve patient documentation and present briefings, education, and direction to all nurses in the section.

#### Emergency Department Registered Nurse and Student Nurse Intern

2004-2007

Kaweah Delta Hospital, Visalia, CA

- 24-month paid internship in Critical Care and Emergency Services followed by full-time position in the Emergency Department upon graduation.
- Selected to work as a trauma nurse and train as a flight nurse.

#### LEADERSHIP EXPERIENCE

•	Primary Care Manager Representative to the Patient Centered Medical Home	2017-2019
	Committee, Madigan Army Medical Center, WA	
•	Family Medicine Advisor to the Hospital Chief of Technology, $Madigan\ Army\ Medical$ Center, $WA$	2017-2019
•	EHR Super User and Representative to the Informatics Steering Board/Committee,  Madigan Army Medical Center, WA	2017-2019
•	Performance Improvement Officer, Madigan Army Medical Center, WA	2017-2019

• Critical Care Nurse for National Disaster Management Team, Brooke Army Medical Center, TX	2011-2012
• Critical Care Bed Coordinator, Brooke Army Medical Center, TX	2010-2012
• Skills Instructor to Multi-National Medical Personnel, Role 2E, Forward Support Base, Herat, Afghanistan	2010
• Performance Improvement Officer, Role 2E, Forward Support Base, Herat, Afghanistan	2010
Narcotic Inventory Officer, Brooke Army Medical Center, TX	2009-2012
• Section Leader for Patient Caring Touch Committee, Brooke Army Medical Center, TX	2009-2011
Performance Improvement Officer, Brooke Army Medical Center, TX	2009-2011
• Section Representative for EHR Documentation Team, Brooke Army Medical Center, TX	2008-2012
• Vice-President, Junior Officer Council, Brooke Army Medical Center, TX	2008-2009
• On-call Nurse for Hostage Rescue Rapid Deployment Team, Brooke Army Medical Center, TX	2008
• Charge Nurse, Brooke Army Medical Center, TX	2007-2012
• Skills Instructor and Evaluator for Direct-entry M.S.N. students, Fresno State University, CA	2006-2007
• Member, Associated Student Body, College of the Sequoias, CA	1992-1994
ACADEMIC HONORS AND AWARDS	
Summa Cum Laude California State University, Fresno, CA	2007
U.S. Navy Nurse Candidate Program (1 of 50 national awards)  California State University, Fresno, CA	2005
U.S. Army Nursing Scholarship (Full Tuition) California State University, Fresno, CA	2003
Alumni Grant (Full tuition)  University of California, Irvine	1994-1997
Alpha Gamma Sigma Honors Society  College of the Sequoias, Visalia, CA	1991-1994
Honors Program  College of the Sequoias, Visalia, CA	1991-1994

#### **PRESENTATIONS**

- Kim, I., Mahoney, J., & Negard, J. (2016, June). Sexual assault: ICD coding behaviors of outpatient service providers. Paper and poster presented at Uniformed Services University Research Days, Bethesda, MD.
- Negard, J. T. (1996). Posttraumatic stress disorder among orange county emergency medical technicians. Paper presented as Senior Investigative Project at University of California, Irvine.

#### **PUBLICATIONS**

Kim, I., Mahoney, J., & Negard, J. (2016). Sexual assault: ICD coding behaviors of outpatient service providers. (Unpublished doctoral scholarly inquiry project). Uniformed Services University, Bethesda, MD.

#### CONTRIBUTING RESEARCH

- Dungan, J. R., Vorderstrasse, A. A., Jordan, S. M., & Julian, E. A. (2016). Part 1 Genomics of complex cardiovascular disease. In D. C. Seibert, Q. T. Edwards, A. H. Maradiegue, & S. T. Tinley (Eds.), Genomic essentials for graduate level nurses (pp. 209-238). Lancaster, PA: DEStech Publications, Inc.
- Race, S. & Grove, M. (2016). Part 2 Single gene cardiovascular disorders. In D. C. Seibert, Q. T. Edwards, A. H. Maradiegue, & S. T. Tinley (Eds.), Genomic essentials for graduate level nurses (pp. 239-254). Lancaster, PA: DEStech Publications, Inc.

# LICENSES

Registered Nurse Texas Board of Nursing	2019-present
Advanced Practice Registered Nurse, Family Nurse Practitioner Texas Board of Nursing	2019-present
Registered Nurse Washington State Department of Health	2016-2019
Advanced Practice Registered Nurse, Family Nurse Practitioner  Washington State Department of Health	2016-2019
Registered Nurse  California Board of Registered Nursing	2007-2016
Emergency Medical Technician – I  California Emergency Medical Services Authority	1992-1996

# CERTIFICATIONS

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Certified Family Nurse Practitioner	2016-present
The American Academy of Nurse Practitioners	
Basic Life Support	2003-present
American Heart Association	
Advanced Trauma Life Support	2015-2019
American College of Surgeons	
Critical Care Registered Nurse (Adult)	2010-2019
American Association of Critical-Care Nurses	
Trauma Nurse Core Course	2007-2013
Emergency Nurses Association	
Advanced Cardiac Life Support	2003-2016
American Heart Association	
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AFFILIATIONS AND PROFESSIONAL ORGANIZATION MEMBERSHIP	
American Association of Nurse Practitioners	2015-present
The Honor Society of Phi Kappa Phi	2007-present
Sigma Theta Tau International Honor Society	2007-present
American Association of Critical Care Nurses	2009-2017
PROFESSIONAL DEVELOPMENT	
Conferences	
American Association of Critical-Care Nurses National Teaching Institute and Critical Care Exposition	n 2011
Annual Conference, Chicago, IL	
Workshops/Short Courses	
Captain's Career Course, Ft. Sam Houston, TX	2011
U.S. Army Critical Care Course, San Antonio Military Medical Center, San Antonio, TX	2009
Essentials of Critical Care Orientation Course, American Association of Critical-Care Nurses, Online	2009