

# JOINT BASE LEWIS-McCHORD

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## COMMUNITY HANDBOOK



MAJ Imshin Kim  
CPT Jeramy Mahoney  
CPT Jeffry Negard  
CPT Elizabeth Poindexter  
MAJ Audry Torres

## PART 1

# The Bevins: Individual Family Member Assessments

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## Current Conditions

- Possible alcoholism
- mTBI
- Possible PTSD
- Possible musculoskeletal pain
- Possible diabetes type II

## Further Assessments needed

Primary Care: Physical assessment and evaluation due to reported health history. Evaluation of patient may require the need for referral to specialty clinic care, and the following laboratory testing (Anderson et al., 2009):

- A1C-due to fasting blood glucose of 104 (normal fasting blood glucose target range for an individual without diabetes is 70-100 mg/d)
- BMP- due to fasting blood glucose of 104
- ALT/AST- due to alcohol intake/DUI and elevated liver enzymes
- CAGE/AUDIT-C Questionnaire-due to history of alcohol intake and DUI
- Lipid Panel-due to elevated liver enzymes

## Proposed Resources to Meet Diagnosed and Potential Needs

### Tricare West (United Healthcare):

- Family must be enrolled with Tricare West in order to schedule appointments at Madigan.
- Tricare enrollment Telephone: (877) 988-9378
- Tricare operations at Madigan: (253) 968-2837
- Tricare online: [www.tricareonline.com](http://www.tricareonline.com) (Can make or modify appointments and request prescription refills)

Madigan Central Appointments line: The appointment specialists will assist the family in making their healthcare appointments at Madigan (Madigan Army Medical Center, n.d.).

- Telephone: (800) 404-4506
- Hours of operation: Monday-Friday, 0600-2000; Saturday and Sunday, 0700-1530.

Family Medicine Clinics: Outpatient clinics that manage all aspects of family care to include adult, obstetrics, pediatrics and geriatrics (Madigan Army Medical Center, n.d.).

- Location: Madigan Army Medical Center, ground floor, Medical Mall. Address: 9040 Jackson Ave, Tacoma WA 98431
- Telephone: (253) 968-0770, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents.
- POC: N/A

Army Substance Abuse Program (ASAP): Outpatient program providing services related to substance abuse treatment and detoxification, and a mix of mental health and substance abuse services (Directorate of Human Resources: Armed Forces Substance Abuse Program, n.d.).

- Location: Building 2008B, 3<sup>rd</sup> Ave, JBLM WA 98433
- Telephone: (253) 967-2202
- Fees: Free to Active Duty Service Members
- POC: Kevin Cavanaugh

Traumatic Brain Injury Clinic: Outpatient clinic serving active duty service members with a history of traumatic brain injury. Services provided include but are not limited to: education, case management, behavioral health support, sleep/memory/cognitive behavioral therapy classes. These services are offered to retirees and dependents over the age of 18. It is covered through Tricare and resources can be utilized through a referral of affected patient by their primary care provider (Madigan Army Medical Center, n.d.).

- Location: Madigan Annex, Ramp 3, 9921A East Johnson Street, Tacoma WA 98431
- Telephone: (253) 968-0606, Tricare Appointment Line: (800) 404-4506
- Fees: Free to Active Duty Service Members
- POC: N/A

Behavioral Health Clinics: Behavioral health clinics for active duty service members include outpatient behavioral healthcare that includes individual therapy, group counseling, evaluations, medication management and consultation, triage support, and command consultation. These clinics also provide services with psychotropic medications, therapy, diagnostic evaluation and psychological testing, as well as addiction treatment programs and a 24-hour on-call emergency care hotline. These resources can be found at one of four embedded behavioral health clinics (Madigan Army Medical Center, n.d.).

- Locations:

**2-2 Embedded Behavioral Health**

Bldg R-1880, Lewis North  
JBLM, WA 98433  
Telephone: (253) 967-1481  
Fees: Free to Active Duty  
Service Members  
POC: Dr. Devin March

**17/555 Embedded Behavioral Health**

Bldg 13815, Lewis North  
JBLM, WA 98433  
Telephone: (253) 967-8283  
Fees: Free to Active Duty  
Service Members  
POC: Dr. Devin March

**3/2 Embedded Behavioral health**

Bldg R-3742, Lewis Main  
JBLM, WA 98431  
Telephone: (253) 966-3640  
Fees: Free to Active Duty  
Service Members  
POC: Dr. Chad Oberhausen

**SOF Embedded Behavioral Health**

Bldg R-3150, Lewis Main  
JBLM, WA 98431  
Telephone: (253) 966-6104  
Fees: Free to Active Duty  
Service Members  
POC: Drake Olevar

Family Readiness Group (FRG): Command sponsored organization for Soldiers and family members that provide support and assistance to transitioning families as well as aiding in access to community services. The Family Readiness Group's mission includes promoting resiliency and self-sufficiency among Soldiers and their families, as well as civilian employees (Madigan Army Medical Center, n.d.).

- Location: Bldg 9900, Troop Battalion, 9900 Lincoln Street, Tacoma WA 98431
- Telephone: (253) 968-4006
- Fees: Free to Active Duty Service Members
- POC: Enid Ballard

Physical Medicine and Rehabilitation Clinic: Outpatient clinic that strives to provide high quality care to patients who have functional decline related to pain, musculoskeletal, surgical or medical conditions. Care is provided through the use of physical and occupational therapies as well as medicinal, nontraditional pain relief techniques (Madigan Army Medical Center, n.d.).

- Location: Madigan Army Medical Center, 9040 Jackson Ave., Tacoma WA 98431
- Telephone: (253) 968-5445, Tricare Appointment Line: (800) 404-4506
- Fees: Free to Active Duty Service Members
- POC: Major Joseph Kanerach

Army Wellness Center: AWC services are available for health assessment review, physical fitness, healthy nutrition, stress management, general wellness education, and tobacco education.

- Location: Lewis Main, Joint Base Lewis McChord, Bldg 2022 (inside the Jensen Family/Active Duty- Health Promotion & Fitness Center), corner of Liggett Ave. & Division Rd., Tacoma, WA 98433-9500
- Telephone: (253) 966-3757
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

## Current Conditions

- 18 weeks pregnant (estimated): No prenatal care
- Medical History: G4P3A1L2
  - Gestational hypertension
  - Depression and anxiety
  - Obesity
  - Acne
- College student: Two semesters of associate degree in business
- Employee: Works from home for an online retailer in the customer care center

## Further Assessments needed

- OB history: Pregnancy prenatal care and birth history due to 13 weeks pregnant without initiating prenatal care yet (G4P3A1L2).
- Primary care: Physical assessment (include: surgical history and current medical conditions, medication, allergies, family history of genetic conditions, social history, health promotion services and immunizations) and evaluation for medical care to maintain healthy pregnancy due to medical history of obesity and gestational hypertension.
- Diet/exercise: Nutritional consult due to obesity and current pregnancy.
- Family support system: Assessment for family and community support system due to history of depression and anxiety during her husband's deployment.

## Proposed Resources to Meet Diagnosed and Potential Needs

Obstetrics: Provides care for expecting mothers to have multiple options for prenatal care including traditional individual care with a continuity provider or convenience care where patients can chose the dates and times that are the most convenient for the patient (Madigan Army Medical Center, n.d.).

- Location: Madigan Army Medical Center Ground Floor, Medical Mall OB/GYN Clinic, 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: Secure Message Line (253) 968-1406, Tricare Appointment Line: (800) 404-4506
- Fees: Free to Active Duty Service Members and their dependents
- POC: N/A

Walk-in Services: Active Duty Service Members Obstetrics Sick Call: Monday to Friday: 7:30 am to 9:00 am. Obstetrics Triage: Monday to Friday: 7:30 a.m. to 3:00 p.m. (Madigan Army Medical Center, n. d.).

- Afterhours, weekends and holidays: If greater than 20 weeks gestation, proceed to the Birthing Center, 3rd Floor of the Hospital Tower. If less than 20 weeks gestation or not pregnant, proceed to the Emergency Room.
- Fees: Free for active duty Military members and their dependents

- More information: <http://www.mamc.amedd.army.mil/clinical/obgyn/default.aspx>

Family Medicine Clinics: Outpatient clinics that manage all aspects of family primary care, including adult, prenatal care, obstetrics, gynecology, pediatrics and geriatrics (Madigan Army Medical Center, n.d.).

- Location: Madigan Army Medical Center, Ground floor, Medical Mall, 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-0770, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents.
- POC: N/A

Nutrition Clinic: Provides nutritional therapy services to Active Duty Service Members, family members and retirees (Madigan Army Medical Center, n.d.). A referral is required from the primary care manager in order to schedule an appointment at the Nutrition Clinic.

- Location: Madigan Army Medical Center, First Floor, Hospital Tower, 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-0547, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents.
- POC: N/A

Family Readiness Group (FRG): Command sponsored organization for Soldiers and family members that provide support and assistance to transitioning families as well as aiding in access to community services. The Family Readiness Group's mission includes promoting resiliency and self-sufficiency among Soldiers and their families, as well as civilian employees (Madigan Army Medical Center, n.d.).

- Location: Bldg 9900, Troop Battalion, 9900 Lincoln Street, Tacoma, WA 98431
- Telephone: (253) 968-4006
- Fees: Free to Active Duty Service Members
- POC: Enid Ballard

Armed Forces Community Service (AFCS): Provides numerous programs and resources for Service Members and their families. Programs and services span multiple locations on JBLM.

- Location: Armed Forces Community Services, 2013 N. 3rd St., Tacoma, WA 98431
- Telephone: (253) 967-6194 or (253) 967-7166
- Fees: Free for Active Duty Service Members and their dependents
- POC: Alecia Grady

Stone Education Center: Provides educational advice, testing, college information, assistance in searching for college money, and aid in initiating free applications for federal student aid (Madigan Army Medical Center, n.d.).

- Location: David L. Stone Education Center, 6242 Colorado Ave., Tacoma, WA 98431
- Telephone: (253) 967-7174
- Fees: Free for Active Duty Service Members
- POC: N/A

## Current Conditions

- Depression
- ADHD
- Type 1 Diabetes
- Chronic constipation

## Further Assessments needed

Pediatrics Primary Care: Clinic visit required to establish care with pediatric primary care manager (PCM), review previous records, and evaluate and treat current conditions (Madigan Army Medical Center, n.d.).

- Depression: Obtain baseline screening depression scale with the Center for Epidemiological Studies Depression Scale for Children, a 20-item questionnaire, appropriate for adolescent self-report of depressive symptoms (Perniciaro, 2012). Obtain history of illness, previous course of therapy/counseling or medications, and assessment of suicidal/homicidal ideations. Refer to Children and Family Behavioral Health as appropriate (Perniciaro, 2012).
- ADHD: Obtain history of present illness, behavior rating scales such as Vanderbilt ADHD Diagnostic Rating Scale, previous medications or consults. Plan to include assessing current medication and renewals as appropriate and consideration of referral to children's developmental/behavioral specialist as appropriate (Cunningham & Jensen, 2011).
- Type 1 Diabetes: Assess history of present illness, preventive screenings, immunization status, previous diagnostics and consultations, previous medications and diet modifications. Assess height, weight, vitals including BP and growth curves. Exam to include HEENT, thyroid, CV, neuro, abdomen. Plan to include renewing current medications, labs, and referral to pediatric endocrine and nutrition clinic as indicated (Alemzadeh & Ali, 2011).
- Chronic constipation: Assess history of present illness, full GI review of systems, previous radiologic, laboratory studies or GI consultations, previous medications or therapies trialed. Assess height, weight, and growth curves. Exam to include abdominal, external perineum and anus, and digital rectal exam. Plan to include dietary and behavioral counseling, consideration of medication therapy and referral to pediatric gastroenterology, as appropriate (Rabin, 2012).

Exceptional Family Member Program (EFMP) Office: Initial visit and assessment by EFMP clinicians for enrollment (U.S. Army Medical Department, 2015)

- Qualifying conditions for EFMP Enrollment: Type 1 Diabetes, Depression, ADHD

## Proposed Resources to Meet Diagnosed and Potential Needs

Madigan General Pediatrics Clinic: Outpatient clinic that provides pediatrics primary care to Tricare beneficiaries from infancy through adolescence (Madigan Army Medical Center, n.d.).



- Location: Madigan Army Medical Center, 1st floor, Medical Mall. Address: 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-3066, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

Madigan Exceptional Family Member Program Office: Case management office that manages enrollment and updates of EFMP status for family members of Active Duty Service Members (SM). Clinicians and case managers also assist Human Resources in consideration for assignments, CONUS and OCONUS, to meet the special needs of the family members at the SM's next duty location and can assist in verification for priority housing on post (Madigan Army Medical Center, n.d.). A referral is required from the primary care manager in order to schedule an appointment at the EFMP clinic.

- Location: Madigan Army Medical Center, 1<sup>st</sup> floor, South Corridor of the Hospital Tower. Address: 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-0254, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

Madigan Pediatrics Specialty Clinics: Outpatient clinic that encompasses pediatric specialties such as cardiology, developmental/behavioral, rheumatology, pulmonology, physical therapy, infectious disease, endocrinology, and genetics (Madigan Army Medical Center, n.d.). A referral is required from the primary care manager in order to schedule an appointment at the Madigan Pediatric Specialty Clinic.

- Location: Madigan Army Medical Center, 1st floor, Medical Mall. Address: 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-2310 (clinic); Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents
- POC: Karen Fitzgerald

Child and Family Behavioral Health Services, Glacier Clinic: Treats family members and retirees for behavioral health diagnoses to include different forms of therapy and consultation for psychiatric medication (Madigan Army Medical Center, n.d.). A referral is required from the primary care manager in order to schedule an appointment at the Glacier Clinic.

- Location: Madigan Army Medical Center: 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-4843, Option 1 (clinic); Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

Child and Family Behavioral Health Home, Olympic Clinic: Treats family members of Active Duty Service Members by offering behavioral health counseling to include various forms of therapy, education, and prevention. Offers a unique School Behavioral Health program on-site at Joint Base Lewis McChord schools to provide services such as various forms of therapy, medication management, and school environmental interventions (Madigan Army Medical Center, n.d.). A referral is required from the primary care manager in order to schedule an appointment at the Olympic Clinic.

- Location: Madigan Annex Ramp 3, 9923A East Johnson St., Tacoma, WA 98431
- Telephone: (253) 968-4843, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

Nutrition Clinic: Provides nutritional therapy services to active duty service members, family members and retirees (Madigan Army Medical Center, n.d.). A referral is required from the primary care manager in order to schedule an appointment at the Nutrition Clinic.

- Location: Madigan Army Medical Center, First Floor, Hospital Tower, 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-0547, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

## Current Conditions

- Possible autism
- Not fully immunized

## Further Assessments needed

Brittney requires further evaluation of her Autism. The common screening methods used in primary care are the M-CHAT screening form at ages 18 and 24 months. However, because she's almost five years old, she could be screened in primary care using the Screening Tool for Autism for Toddlers and Young Children (STAT) or referred to developmental pediatrics (Centers for Disease Control and Prevention [CDC], n. d.).

Autism can be diagnosed using any of the following diagnostic tools (CDC, n. d.):

- Autism Diagnostic Interview
- Autism Diagnostic Observation Scale-Generic (ADOS-G)
- Childhood Autism Rating Scale (CARS)
- Gilliam Autism Rating Scale-second edition (GARS-2)

## Proposed Resources to meet diagnosed and potential needs:

Madigan General Pediatrics Clinic: Outpatient clinic that provides pediatrics primary care to Tricare beneficiaries from infancy through adolescence (Madigan Army Medical Center, n.d.).

- Location: Madigan Army Medical Center, 1st floor, Medical Mall. Address: 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-3066, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

Madigan Pediatrics Specialty Clinics: Outpatient clinic that encompasses pediatric specialties such as cardiology, developmental/behavioral, rheumatology, pulmonology, physical therapy, infectious disease, endocrinology, and genetics (Madigan Army Medical Center, n.d.). A referral is required from the primary care manager in order to schedule an appointment at the Madigan Pediatric Specialty Clinic.

- Location: Madigan Army Medical Center, 1st floor, Medical Mall. Address: 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-2310 (clinic); Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents.
- POC: Karen Fitzgerald

Developmental screening resource in the community: Pierce County: Team of professionals will conduct cognitive, communication, physical, social/emotional and adaptive screening. Following the screening, a determination will be made for special education services (Calabrese, 2013).

- Location: 3602 Pacific Ave., Tacoma, WA 98418

- Telephone: (253) 798-3822
- Fees: Free for active duty Military members and their dependents.
- POC: Margi Rudy

## Current conditions

- Possible language delay
- Possible other developmental delays

## Further assessments needed

### Pediatrics Primary Care:

24-month well-child visit with Madigan Pediatrics Clinic, to get on track with well-child schedule (Hagan, Shaw, & Duncan, 2008). Priorities for the visit:

- Review of records from previous provider if available. If not available, ensure SSG or Mrs. Bevins completes "Release of Information" forms to have records faxed from previous provider.
- Parent-child interaction observation
- Development surveillance to include gross motor, fine motor, cognitive, language, communication, and social-emotional skills
- Physical exam with height, weight, head circumference plotted onto a growth chart
- Immunizations
- Determine appropriateness of referrals to Madigan Developmental Pediatrics Clinic for language delay and pending autism and developmental screening results
- Link to Tacoma Early Child Intervention (ECI) Services and/or Pierce County developmental screening services
- Screenings (Perniciaro, 2012):
  - Autism screening. Proposed instrument: Modified Checklist for Autism in Toddlers (MCHAT), utilized for autism screening for children ages 16-48 months, and recommended at the 18 and 24 month well child visits.
  - Developmental screening. Proposed instrument: Ages and Stages Questionnaire (ASQ), utilized to evaluate cognitive and motor development for children ages 4-60 months, and recommended at the 9, 18, and 24 month well child visits.

## Proposed Resources to Meet Diagnosed and Potential Needs

Madigan General Pediatrics Clinic: Outpatient clinic that provides pediatrics primary care to Tricare beneficiaries from infancy through adolescence (Madigan Army Medical Center, n.d.).

- Location: Madigan Army Medical Center, 1st floor, Medical Mall. Address: 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-3066, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

Madigan Pediatrics Specialty Clinics: Outpatient clinic that encompasses pediatric specialties such as cardiology, developmental/behavioral, rheumatology, pulmonology, physical therapy, infectious disease, endocrinology, and genetics (Madigan Army Medical Center, n.d.). A referral is required from the primary care manager in order to schedule an appointment at the Madigan Pediatric Specialty Clinic.

- Location: Madigan Army Medical Center, 1st floor, Medical Mall. Address: 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-2310 (clinic), Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents.
- POC: Karen Fitzgerald

Developmental screening resource in the community: Pierce County: Team of professionals will conduct cognitive, communication, physical, social/emotional and adaptive screening. Following the screening, a determination will be made for special education services (Calabrese, 2013).

- Location: 3602 Pacific Avenue Tacoma, WA 98418
- Telephone: 253-798-3822
- Fees: Free for Active Duty Service Members and their dependents.
- POC: Margi Rudy

Tacoma Early-Child Intervention Services at the Children's Therapy Center: The FRC can provide information on how to schedule a free developmental evaluation, which will include cognitive, physical, communication, social and adaptive skills assessments. The ECI team will assess parental concerns and if there are areas of developmental delay, will discuss what options for services and obtain parental consent to initiate services (Family Guidelines Workgoup, 2012).

- Location: 8717 S. Hosmer St., Tacoma, WA 98444
- Telephone: (253) 531-8873 or (800) 322-2588 (Family Health Hotline)
- Fees: Free for Active Duty Service Members and their dependents.
- POC: Melissa Adame

## Current Conditions

- 48 year old female
- Diabetes (unknown type 1 or 2)
- Hepatitis C
- Schizophrenia
- Possible alcoholism and/or illicit drug use
- Tobacco use

## Further Assessments needed

Primary Care: Ms. Bevins will need a complete physical/well woman exam with her new Primary Care Manager, to include pelvic exam and pap smear (Kiefer & Chong, 2014). This will include extensive labs and a chest x-ray as she is presently a smoker for an unknown number of years. Because she was formerly homeless, the x-ray is also helpful for determining tuberculosis status, so she will also need a PPD (Kiefer & Chong, 2014). Referrals should be made to behavioral health to evaluate her past history of schizophrenia, and to a diabetes educator to evaluate and assist with her diabetes. Finally, she should be referred for a mammogram and to the Army Wellness Center for help with tobacco cessation. Because of the intricacies of Ms. Bevins care, she may already have or be in need of evaluation for EFMP, so a case manager would be a good start for further evaluation. Other resources, such as AA/NA, have been provided under “Proposed Resources” to assist Ms. Bevins with areas of her health and well-being.

Labs: CBC, CMP, UA, UDS (if she agrees), Hgb A1C, Hepatitis panel, Lipids, PPD, PAP, and HPV (Kiefer & Chong, 2014)

## Proposed Resources to Meet Diagnosed and Potential Needs

### AA/NA

#### **Pierce County Alcoholics Anonymous (AA)**

- Website: <http://piercecountyaa.org/>
- Location: 3640 S Cedar St, Tacoma, WA 98409; call or use website to find meeting sites
- Telephone: (253) 474-8897
- POC: N/A
- Fees: free
- Self-referral

#### **Pierce County Narcotics Anonymous (NA)**

- Website: <http://www.pcana.org/>
- Location: call or use website to find meeting sites
- Telephone: (253) 531-8792 (24hr Helpline)
- POC: N/A
- Fees: free
- Self-referral

Army Wellness Center: AWC services are available for health assessment review, physical fitness, healthy nutrition, stress management, general wellness education, and tobacco education.

- Location: Lewis Main, Joint Base Lewis McChord, Bldg 2022 (inside the Jensen Family/Active Duty- Health Promotion & Fitness Center), corner of Liggett Ave. & Division Rd., Tacoma, WA 98433-9500
- Telephone: (253) 966-3757
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

Madigan Diabetes Care Center (Diabetes Education/Classes): Offers comprehensive care on the control and management of diabetes. (Madigan Army Medical Center, n.d.). Appointments with educator are made by appointment after PCM referral.

- Location: Madigan Army Medical Center, First Floor, Medical Mall, 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-4671 or (253) 968-1460
- Fee: Free for Active Duty Service Members and their dependents
- POC: front desk

Family Medicine Clinics: Outpatient clinics that manage all aspects of family care to include adult, obstetrics, pediatrics and geriatrics (Madigan Army Medical Center, n.d.).

- Location: Madigan Army Medical Center, ground floor, Medical Mall. Address: 9040 Jackson Ave, Tacoma WA 98431
- Telephone: (253) 968-0770, Tricare Appointment Line: (800) 404-4506
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

### **Mental Health**

Glacier Clinic: Provides beneficiaries with individual and marriage and family therapy. This clinic is for patients who receive primary care at the following clinics: Madigan Army Medical Center Pediatrics, Family Medicine, and Internal Medicine. Appointments are made by PCM or self-referral.

- Location: Madigan Army Medical Center, Ground Floor, Medical Mall, 9040 Jackson Ave., Tacoma, WA 98431
- Telephone: (253) 968-4843
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A

Olympic Clinic: Provides beneficiaries with individual and marriage and family therapy. This clinic is for patients who receive primary care at the following clinics: Okubo, Puyallup, South Sound, and Winder. Appointments are made by PCM or self-referral.

- Location: Child and Family Behavioral Health Home, Madigan Annex (Old Madigan), Bldg. 9923 A & B
- Telephone: (253) 968-4843
- Fees: Free for Active Duty Service Members and their dependents
- POC: N/A



**Gardening Clubs / Location of Nurseries**

- Tacoma Garden Club: <http://www.tacomagardenclub.org/>
- Gardening Meetups in Tacoma: <http://gardening.meetup.com/cities/us/wa/tacoma/>
- Garden Clubs: <http://www.metroparkstacoma.org/garden-clubs-chip-in/>
- Garden Centers and Nurseries

<p><b>Gardensphere</b> 3310 N Proctor St Tacoma, WA 98407 (253) 761-7936</p>	<p><b>Agrishop Ace Hardware Lawn &amp; Equipment Center</b> 2012 S 12th St Tacoma, WA 98405 (253) 272-9331</p>
<p><b>Double Four Tree Farm</b> 4217 72nd St E Tacoma, WA 98443 (253) 535-9267</p>	<p><b>Portland Avenue Nursery</b> 1409 E 59th St Tacoma, WA 98404 (253) 473-0194</p>
<p><b>Wild Thyme Nursery</b> 4416 S 74th St Tacoma, WA 98409 (253) 474-6233</p>	<p><b>Watson's Greenhouse and Nursery</b> 6211 Pioneer Way E Puyallup, WA 98371 (253) 845-7359</p>
<p><b>Urban Garden Company</b> 311 Puyallup Ave Tacoma, WA 98421 (253) 265-2209</p>	<p><b>Downtown Dirt</b> 1002 E F St Tacoma, WA 98421 (253) 973-6688</p>
<p><b>All Green Garden</b> 6409 6th Ave Tacoma, WA 98406 (253) 564-2767</p>	<p><b>The Urban Gardner</b> Serving Tacoma and the Surrounding Area (253) 537-6716</p>

PART 2  
Joint Base Lewis McChord Community Infrastructure

# Family Support Services

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## **Newcomers Orientation**

Includes a classroom orientation to JBLM and then a 3hr bus tour of the post. Families welcome!

Reservations can be made at:

- Offered once per month and is mandatory for all Active Duty Service Members within 30 days of arrival to JBLM.
- Address: The American Lake Conference Center, 8085 NCO Beach Rd., JBLM – Lewis North
- Telephone: (253) 967-3633 or (253) 982-2695
- Website: [http://www.jblmmwr.com/acs/pdf/acs/relocation\\_readiness/JBLM-Newcomers-Orientation&BusTour-2015upd19Aug2015.jpg](http://www.jblmmwr.com/acs/pdf/acs/relocation_readiness/JBLM-Newcomers-Orientation&BusTour-2015upd19Aug2015.jpg)

## **Armed Forces Community Service (AFCS)**

Includes links to services such as Army Emergency Relief (AER), Employment Readiness Program (ERP), Exceptional Family Member Program (EFMP), Family Advocacy Program (FAP), Financial Readiness Program, Relocation Readiness Program, and much more.

- Hours: Mon. - Fri.: 7:30 a.m. - 4:30 p.m.
- Address: Waller Hall (the “Welcome Center”), AFCS Front Desk, Building 2140, on the corner of Liggett Ave. and 12th St., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-7166
- Website: [http://www.jblmmwr.com/acs/army\\_comm\\_service.html](http://www.jblmmwr.com/acs/army_comm_service.html)

## **Child, Youth & School Services**

Links to programs aimed at developing children in four areas: social, emotional, physical, and intellectual

- Includes child care services, volunteer opportunities for parents, and after school programs such as 4-H, Red Cross, and Boys and Girls Clubs of America. Other opportunities for youth include the Keystone Club, Torch Club, and the on-post Work Force and Technology Center.
- Website: <http://www.jblmmwr.com/CYS.htm>

## **JBLM Virtual Resiliency Campus**

- Online training to build spiritual, physical, emotional, social, and family resiliency
- Website: <http://www.lewis-mcchord.army.mil/resiliency/index.html>

# Communities Housing Information

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## **Fort Lewis Office**

- Hours of Operation: Mon - Tue and Thu - Fri: 8:00 a.m. to 4:00 p.m., Wed: 8:30 a.m. to 4:00 p.m.
- Address: 5128 Pendleton Ave., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 912-2112 or (253) 912-2150

## **McChord Office**

- Hours of Operation: Mon - Tue and Thu - Fri: 8:00 a.m. to 4:00 p.m., Wed: 8:30 a.m. to 4:00 p.m.
- Address: Building 552 Airmen & Family Readiness Center, Barnes Rd., McChord AFB, WA 98433
- Telephone: (253) 589-0523

## **Resources for Off-Post Housing**

- <http://www.ahrn.com/fortlewis.php>
- <http://www.militarybyowner.com/bases/wa/fort-lewis.aspx>
- <http://www.rentals.com/Washington/Fort-Lewis/>
- <http://www.zillow.com/fort-lewis-wa/rent-houses/>

# Education

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## **JBLM School Liaison office**

- Telephone: (253) 967-7195
- Community school contact information: Local K-12 Information website:  
<http://www.jblmmwr.com/cyss-school-liaison.html>

## **EFMP**

- [www.jblmmwr.com/acs-efmp.html](http://www.jblmmwr.com/acs-efmp.html) 253-967-9704/3502

## **On-base schools:**

- <http://apps.schoolslocator.com/?districtcode=49274>
- Note: On-base schools are elementary level only.

## **Beachwood**

- Address: 8890 Concord Ave., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 583-5260

## **Hillside**

- Address: 61700 Garcia Blvd., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 583-5280

## **Evergreen**

- Address: 9010 Blaine Ave., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 583-5250

## **Meriwether**

- Address: 10285 Compass Ave., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 583-5200

## **Rainier**

- Address: 2410 Stryker Ave., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 583-5220

## **Carter Lake**

- Address: 3420 Lincoln Blvd. SW, Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 583-5210

## **Off-Base School Districts**

- **Bethel**—(253) 683-6000: <http://bethelsd.org>
- **Clover Park**— (253) 583-5000: <http://www.cloverpark.k12.wa.us>
- **Fife**—(253) 517-1000: <http://www.fifeschools.com>
- **North Thurston**—(360) 412-4400: <http://www.nthurston.k12.wa.us>
- **Puyallup**—(253) 841-1301: <http://www.puyallup.k12.wa.us>
- **Steilacoom**—(253) 896-2897: <http://www.steilacoom.k12.wa.us>
- **Tacoma**—(253) 571-1000: <http://www.tacoma.k12.wa.us>
- **University Place**—(253) 566-5600: <http://www.upsd.wednet.edu/site/default.aspx?PageID=1>
- **Yelm**—(253) 458-1900: <http://www.ycs.wednet.edu/site/default.aspx?PageID=1>

**College: On base colleges/universities: Stone Education Center Lewis-Main**

College courses are offered on JBLM both at McChord Field & Lewis-Main. On-installation colleges offer Certificate, Associate's, Bachelor and Master degree programs.

- Hours: Mon – Wed & Fri 8:00 a.m. - 4:00 p.m./ Thurs. - 11:00 a.m. - 4:00 p.m.
- Address: 6242 Colorado Ave., Bldg. 6242 Box 339500, Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 967-7174

Accredited colleges with courses available at Stone Education Center:

- **Community College of the Air Force** -- (253) 982-9900
- **Riddle Aeronautical University** -- (253) 589-1728
- **Pierce Community College** -- (253) 964-6606
- **St. Martin's University** -- (360) 584-3533
- **Southern Illinois University (SIU)** -- (253) 582-6561
- **University of Maryland University College** -- (301) 955-6832
- **Brandman University** -- (253) 584-5448
- **Central Texas College** -- (253) 964-1070/0501

# Childcare Resources

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## **Joint Base Lewis McChord Child, Youth and School Services (CYSS)**

Parent central services:

- Enrollment services
- Hours: Mon.-Fri., 8:00am-5:00pm
- Telephone: (253) 966-2977
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-Registration@mail.mil

## **Child Development Centers for children 6-weeks to 5-years**

### **Beachwood CDC**

- Full-day care for ages 6 weeks-5years
- Address: 8300 American Lake Ave., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 967-2600
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-Beachwood-CDC@mail.mil

### **Clarkmoor CDC**

- Full-day hourly care, part-day preschool, Kindergarten care
- Address: 2095 Bitar Ave., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 967-2300
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-Clarkmoor-CDC@mail.mil

### **Hillside CDC**

- Full-day care for ages 6 weeks-5 years
- Address: 6396 Garcia Blvd., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 477-3125
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-Hillside-CDC@mail.mil

### **Madigan CDC**

- Full-day care for ages 6 weeks-5 years
- Address: Bldg. 6995 Jackson Ave., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 967-2800
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-Madigan-CDC@mail.mil

### **McChord CDC East**

- Full-day care for ages 6 weeks-5 years
- Address: Bldg. 578 Lincoln Blvd., Joint Base Lewis-McChord, WA 98433

- Telephone: (253) 982-4901
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-McChord-CDC@mail.mil

#### **McCord CDC West**

- Full-day care for ages 6 weeks-5 years
- Address: Bldg. 580 Lincoln Blvd., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 982-4166
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-McChord-CDC@mail.mil

#### **Lewis North CDC**

- Full-day care for ages 6 weeks-5 years
- Address: 8589 American Lake Ave Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 966-8901
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-North-Fort-CDC@mail.mil

#### **Child, Youth & School Services for children 1<sup>st</sup> grade and up**

##### **Cascade School Age Center**

- Before and after-school care
- Address: Bldg. 2402 Bitar Ave., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 967-6710
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-Cascade-SAS@mail.mil

##### **Hillside Youth/Teen Center**

- Middle school-High school
- Address: 6397 Garcia Blvd., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 967-4441
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-Hillside-YS@mail.mil

##### **McChord Youth/Teen/SAS**

- All school age
- Address: Bldg. 3032 Dogwood St., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 982-2203
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-McChord-YS@mail.mil

##### **Lewis North School Age Center**

- All school age
- Address: 8584 American Lake Ave., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 966-7166
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-North-Fort-SAS@mail.mil



**Family Child Care (FCC):**

- In-home child care homes, 6-weeks and up
- Headquarters address: Bldg. 2013B North 3<sup>rd</sup> St., Joint Base Lewis-McChord, WA 98433
- Telephone: (253) 967-3039
- Email: USArmy.JBLM.IMCOM.List.DFMWR-CYS-Family-Child- Care@mail.mil

**Community Resources**

- Military child care in your neighborhood
- Off-base day care centers and in-home child care homes
- Community-Based Program Manager for Pierce and Thurston Counties
- Telephone: (253) 477-4179

# Leisure Opportunities

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## **JBLM Family & Morale, Welfare & Recreation**

- Hours of Operation: Mon - Fri: 8:00AM to 4:00PM
- Address: 2013A N. 3rd St., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-5335 or (253) 967-6551
- Website: <http://www.jblmmwr.com/>

## **Recreation Centers**

### **Nelson Recreation Center**

- Hours of Operation: Mon - Fri: 11:30 am - 10:00 pm, Sat: 10:00 am-10:00 pm, Sun and Holidays: 12:00 pm-9:00 pm
- Address: Building 3168 2nd Division Dr., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-2539

### **Warrior Zone Recreation Center**

- Hours of Operation: Mon - Fri: 11:30 am - 10:00 pm, Sat: 10:00 am-10:00 pm, Sun and Holidays: 12:00 pm-9:00 pm
- Address: Building 11592 17th and D St., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-2539

## **Outdoor recreation**

### **Adventures Unlimited**

- Hours of Operation: Mon - Fri: 08:30 am - 5:00 pm, Sat: 07:30 am-12:00 pm
- Address: M Building 739 Battery Ave., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 982-2206

### **Northwest Adventure Center**

- Hours of Operation: Mon - Sun: 09:00 am - 5:30 pm
- Address: Building 8050 NCO Beach Rd., Lewis North, Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-7397

## **Fitness Centers and Pools**

### **Jensen Family Fitness Center**

- Hours of Operation: Mon - Fri: 06:30 am - 7:00 pm
- Address: Building 2022 Liggett Ave., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-5975

### **McChord Fitness Center**

- Hours of Operation: Mon - Fri: 5:30 am - 9:30 pm, Sat-Sun/Holidays: 9:00 am-4: 30 pm
- Address: M Building 729 5th St., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 982-6707

### **McVeigh Sports & Fitness Center**

- Hours of Operation: Mon - Fri: 05:00 am - 8:00 pm, Sat-Sun/Holidays: 08:00am - 4:00pm
- Address: Building 2160 Liggett Ave., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-5869

### **Sheridan Sports & Fitness Center**

- Hours of Operation: Mon - Fri: 6:00 am - 7:00 pm
- Address: Building 3759 Stryker Ave., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-7311

### **Wilson Sports & Fitness Center**

- Hours of Operation: Mon - Fri: 05:00 am - 8:00 pm, Sat-Sun/Holidays: 10:00 am - 6:00 pm
- Address: Building 11596 D St. & 41st Division Ave., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-7471

### **Keeler Pool**

- Hours of Operation: Mon - Thu: 6:30 am - 3:30 pm
- Address: Building 9993 Garfield St., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-6652

### **Kimbro Pool**

- Hours of Operation: Mon - Fri: 12:00 pm - 7:00 pm, Sat-Sun/Holidays: 08:30 am-3: 30 pm
- Address: Building 2161 Liggett Ave., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-5062

### **McChord Field Outdoor Pool**

- Hours of Operation: Memorial Day through Labor Day. Before June 13: daily 4:00 pm- 7:00 pm and weekends 12:00- 7:00 pm. After June 13: daily 12:00 pm - 7:00 pm
- Address: M Building 736 5th St., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 982-2807

### **Arts and Crafts**

#### **JBLM Arts & Crafts Center**

- Hours of Operation: Mon-Tue, Thur-Fri, Sat (1st and 3rd): 09:00 am - 5:00 pm, Wed: 09:00 am - 7:00 pm
- Address: M Building 1211 Barnes Blvd., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 982-6723

## **Libraries**

### **Grandstaff Memorial Library**

- Hours of Operation: Mon - Fri: 09:00 am - 6:00 pm, Sat: 10:00 am-5:00 pm
- Address: Building 2109 N. 10th & Pendleton St., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-5889

### **McChord Library**

- Hours of Operation: Mon - Fri: 10:00 am - 6:00 pm, Sat: 10:00 am-5:00 pm
- Address: M Building 851 Lincoln Blvd., Ground Floor, Joint Base Lewis McChord, WA 98433
- Telephone: (253) 982-3454

## **Child Youth & School Services**

### **Hillside Youth Center- Teen Center**

- Hours of Operation: Mon - Thu: 05:30 am - 8:30 am & 2:00 pm- 8:00 pm, Fri 05:30 am-08: 30 am, & 2:00 pm-9:00 pm, Sat: 3:00 pm -10:00 pm
- Address: Building 6397 Garcia Blvd, Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-4441

### **North Fort Youth Center (SAS)**

- Hours of Operation: Mon - Thu: 05:30 am - 8:00 pm, Fri 05:30 am-9:00 pm, Sat: 3:00 pm -10:00 pm
- Address: Building 8584 American Lake Ave., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 966-7166

## **Bowling**

### **Bowl Arena Lanes**

- Hours of Operation: Mon: 11:00am -9:00 pm, Tue-Thu: 11:00 am- 10:00 pm, Fri-Sat: 11:00 am-12:00 am, Sun: 12:00pm-9:00pm
- Address: Building 2272 Liggett Ave., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-4661

### **Sounders Lanes**

- Hours of Operation: Mon-Tue: 09:00 am - 9:00 pm, Wed-Thu: 11:00 am-9:00 pm, Fri-Sat: 11:00 am- 12:00am, Sun: 1:00pm-8:00pm
- Address: M Building 737 Jackson Blvd., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 982-5954

### **Golf Courses**

#### **Eagles Pride**

- Hours of Operation: Mon-Sun: Dawn-Dusk
- Address: Off 1-5, Exit 116, Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-6522

#### **Whispering Firs**

- Hours of Operation: Mon - Sun: 07:30 am - dusk
- Address: M Building 895 Lincoln Blvd, Joint Base Lewis McChord, WA 98433
- Telephone: (253) 982-2124

# Transportation

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## **The Joint Personal Property Shipping Office (JPPSO)**

The JPPSO is the place to receive information about moving your household goods. This office is helpful if you have concerns or questions regarding your household goods.

- Address: Bldg. 2150 (next to Waller Hall), Liggett Ave. and 12th St., Joint Base Lewis McChord, WA 98433
- Telephone: (253) 967-5293
- Website: <http://www.lewis-mcchord.army.mil/jppso>

## **Airport Shuttle:**

JBLM allocated sites can be dropped off and picked up at several locations on post at a discounted price

- Telephone: (360) 876-1737
- Website: <http://www.kitsapairporter.com/index.php/pickuplocations/ftlewismcchordafb>
- Website: <http://www.portseattle.org/Sea-Tac/Parking-and-Transportation>

## **Patient-Shuttle Service for Madigan –Bremerton Naval Hospital (NHB)**

- Departure times from NHB: 7 a.m., 10 a.m., 1 p.m. and 4 p.m.
- From Madigan: 5:30 a.m., 8:30 a.m., 11:30 a.m. and 2:30 p.m.
- Telephone: (253)-332-8135
- Website for schedule: <http://www.mamc.amedd.army.mil/documents/patients/Shuttle-Schedule.pdf>

## **Pierce county Public Transits service on base**

- Telephone: (253) 581-8000
- Website: [www.piercetransit.org](http://www.piercetransit.org)

## **The base taxi service**

- Serving JBLM and Lakewood
- Pacific Northwest Dispatch Taxi service, telephone: (253) 589-1000 or (253) 582-3000

## **Space-A Travel on Military Flights**

- Available from McChord Field for Active Duty Service Members and eligible Reserve Component Military Service Members.
- Telephone (recorded information on the next day's flights): (253) 982-7268 or, for detailed information: (253) 982-7259

**PART 3**  
**Joint Base Lewis McChord Community Health Care  
and Behavioral Health Care Resources**

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## **Community Health Care:**

- **Madigan Army Medical Center Primary Care in the JBLM and Out-lying Community**
  - Okubo Family Medicine Clinic
    - Address: 11582 C St., Joint Base Lewis-McChord, WA 98433
    - Telephone: (253) 966-1991, Option 1; Tricare Appointment Line: (800) 404-4506
  - Puyallup Community Medical Home
    - Address: 10507 156<sup>th</sup> St. E., Suite 112, Puyallup, WA 98374
    - Telephone: (253) 477-5053; Tricare Appointment Line: (800) 404-4506
  - South Sound Community Medical Home
    - Address: 500 Lilly Rd. NE, Suite 120, Olympia, WA 98506
    - Telephone: (253) 477-5149; Tricare Appointment Line: (800) 404-4506
  - Winder Family Medicine Clinic
    - Address: 9119 Mill Park Ave., Joint Base Lewis-McChord, WA 98433
    - Telephone: (253) 477-0800; Tricare Appointment Line: (800) 404-4506
  
- **MultiCare Health System**
  - A non-profit healthcare system providing medical care in the South Puget Sound area through five hospitals and multiple urgent care sites
  - **Hospitals:**
    - Allenmore Hospital
      - Address: 1901 S Union Ave., Tacoma, WA 98405
      - Telephone: (253) 459-6633
    - Auburn Medical Center
      - 202 N Division St., Auburn, WA 98001
      - Telephone: (253) 833-7711
    - Good Samaritan Hospital
      - 401 15th Ave. SE, Puyallup, WA 98372
      - Telephone: (253) 697-4000
    - Mary Bridge Children's Hospital
      - 317 Martin Luther King Jr Way, Tacoma, WA 98405
      - Telephone: (253) 403-1400
    - Tacoma General Hospital
      - 315 Martin Luther King Jr Way, Tacoma, WA 98405
      - Telephone: (253) 403-1000
  - **Urgent Care:**
    - Auburn Urgent Care
      - 202 Cross St. S.E., Auburn, WA 98002
      - Telephone: (253) 876-8111
    - Lakewood Urgent Care
      - 5700 100<sup>th</sup> St. SW, Suite 510, Lakewood, WA 98499
      - Telephone: (253) 459-6065
    - Puyallup Urgent Care
      - 220 15<sup>th</sup> Ave SE, Puyallup, WA 98372
      - Telephone: (253) 697-8610



- Spanaway Urgent Care
    - 225 176<sup>th</sup> St. S., Spanaway, WA 98387
    - Telephone: (253) 459-7770
  - Mary Bridge Pediatric Urgent Care
    - 3504 12<sup>th</sup> Ave. NE, Olympia, WA 98506
    - Telephone: (360) 252-3801
- **Magnolia Autism Center**
  - Provides individualized services prepared by board-certified behavioral analysts, to assist parents in caring for autistic children
    - 1570 Wilmington Dr., #220, Dupont, WA 98327
    - Telephone: (253) 507-7004

**Behavioral Health:**

- **Western State Hospital**
  - 800 bed psychiatric inpatient hospital
  - Member of the Centers for Medicare & Medicaid Services
    - 9601 Steilacoom Blvd SW, Lakewood, WA 98498
    - Telephone: (253) 582-8900
- **Greater Lakes Mental Healthcare**
  - Provides adult, child, and family outpatient therapy and services at multiple locations
    - Greater Lake Mental Healthcare – Main Office
      - 9330 59<sup>th</sup> Ave SW, Lakewood, WA 98499
      - Telephone: (253) 581-7020
    - Greater Lake Mental Healthcare – 72<sup>nd</sup> Street Clinic
      - 1415B East 72<sup>nd</sup> St, Tacoma, WA 98404
      - Telephone: (253) 620-5800
    - Greater Lake Mental Healthcare - Spanaway Portable
      - 215 166<sup>th</sup> St S, Portable 5, Spanaway, WA 98387
      - Telephone: (253) 581-7020
    - Bethel Family Center
      - 18020 East B St, Bldg P, Spanaway, WA 98387
      - Telephone: (253) 581-7020
    - Community Healthcare – Spanaway
      - 134 188<sup>th</sup> St S., Spanaway, WA 98387
      - Telephone: (253) 581-7020

PART 4  
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